A WEEKLY COMMENTARY

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The Price of Freedom is Eternal Vigilance

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**ON TARGET** 

**Thought For The Week:** *Cui bono*: Who profits from sales of Vaccines? Who profits from sales of masks? Who profits from sales of PCR tests? Who profits by the imposition of a vaccine passport? Who stands ready and waiting to control the population of the whole world using their digitized carbon currency? Who really owns and controls our MSM? Who really owns and controls our major political parties?

# IS COVID REAL? By Arnis Luks

It's a simple enough question but the answer requires some thinking and personal research. *https://www.globalresearch.ca/covid-19-virus-does-not-exist-confirmed/5733819* 

The PCR test is marketed as able to identify the presence of the covid-19 virus. It does not differentiate between live nor dead virus. Nor does it eliminate by isolation covid-19 from similar viruses. If you "cannot" reliably isolate the virus, nor identify the live or dead status of the virus with the PCR test, then you cannot make any realistic determination. And, if you "do" achieve a positive PCR result and are physically asymptomatic (no symptoms) what does this mean? No matter what result is achieved you end up in a scientific no man's land.

Historically, doctors were meant to diagnose dis-ease based on symptoms, and then treat the patient. If there are no symptoms there is no dis-ease. Even with a positive PCR test result and no symptoms, you must be considered healthy having probably processed 'a' virus and achieved immunity. That is what your body does every single day. We are not thinking.

In the narrative of 'The Big Lie' the mainstream media cannot give up on the PCR test result as *"the number to keep your eyes firmly fixated on"* as the only valid method to identify the danger. There is a whole amount of research well able to de-construct the entire PCR test narrative if you so have the inclination. The important point to note is the role played by the MSM *"keeping your eyes firmly fixated on the number"* to identify the danger. At this point alone you are being brainwashed.

### Can we think our way out of covid tyranny?

No matter which angles you approach covid from, whether by PCR test results, extended contact basis, mask effectiveness against a virus, lockdowns of the whole population as a medical strategy, or chemical mRNA injections, you find the path out directed by the MSM is consistently and deliberately obscure - which it is meant to be. One door for escape finally opens, but immediately the next 'revealed' door is already found closed and in need of another monumental societal effort to overcome. This is a form of mental torture, Cognitive Dissonance, to bring about mental collapse, achieving a passive, confused and brainwashed people.

Science is not exact, but has differing and equally valid points of view. The psychologist's consideration compared to the immunologist compared to the virologist compared to the local GP all vary. Then again, the economist compared to the farmer compared to the businessman compared to the mother/housewife all hold differing points of view in regard to covid as well. Each view is valid and not exact or complete in itself; but taken together are an amalgam of the many and varied points of view that make up any and every community.

## Synoptic Gospels https://www.sfponline.org/Uploads/115/Synoptic\_Gospels1.pdf

My attention was drawn to the four Gospels in the New Testament. The similarities of Matthew, Mark and Luke, - the synoptic gospels - and the differing point of view from the gospel of John led me to re-consider the work of Dr Iain McGilchrist. John opens his Gospel with the declaration of who The Christ is, The Eternal Word who became Flesh - God Himself. John saw from another point of view - the embodiment of God in the Flesh, - and yet all the Gospels are valid. Matthew concentrates on birth lineage. This illustration is a metaphor on how differently we can each view the discernible world.

#### My thoughts from reading Iain McGilchrist:

If I and others look at a mountain range, each has a unique point of view. A geologist may consider the mineral potential of the formation. An artist may consider the perspective as a pathway leading to the gods. A civil engineer may consider contours for planning road or tunnel construction. A hiker may consider access pathways to the summit. A farmer may consider the rainfall and growing potential. Each point of view is valid and depicts their unique perspective of the same physical phenomena. This is how we each (differently) process the world around us. It is not a one view or size fits all approach. The current news cycle validates only one point of view in regard to covid 19, and yet there are many other medical and psychological points of view that are equally valid and equally important. This process of personal validation needs to be considered in detail to recognize that the thoughts we hold are generally not our own, but are injected into our minds through experience, education and of course subliminal means like the MSM.

## In the war years our 'Weary Dunlop' kept many an imprisoned and emaciated soldier alive simply with water and a sprinkling of 'hope'.

Masks, Lockdowns and Hand Sanitizers May Be Too Clean

Pursuing an overbearing sanitary result can be a form of mental pathology. In regard toward water being conditioned for inside a high-pressure boiler, using for instance reverse osmosis technology, this water would be unsuitable for human consumption being so low in contaminants and salts, would if consumed, actually adversely affect the human body. This same phenomenon applies with honey, in that by using normal fly-screen wire-mesh rather than the 5  $\mu$  micron filtering cloth, the level of pollens within the honey is retained, being healthier for human consumption – a natural antibiotic that stimulates the immune system. Have you never heard of the **bee's knees**, the best honey kept by the bee keeper for their own family? Have you never heard of children being sent outside to play in the dirt to build up their immune system?

### Fish will not live where the water is too clear. But if there is duckweed or something, the fish will hide under its shadow and thrive. Thus, the people will live in tranquillity if certain matters are a bit overlooked or left unheard -Yamamoto Hagakure

MSM are specific and deliberate in their reporting on covid 19, being in full support of the financialpharmaceutical-conglomerations attempting to impose a political dictatorship across the free world. Withholding of vital information is part of this MSM censorship.

There are many other mainstream media tactics of dis-information as dealt with in the 1967 The Opinion Makers by Ivor Benson available from our online library here: https://alor.org/Storage/Library/PDF/Benson I-The Opinion Makers.pdf

Ivor Benson gives an historically factual account, including a royal commission report on those media conglomerations that were pivotal to bring about the political collapse of both Rhodesia and South Africa to communism. The free world is experiencing the same modus operandi today, and the MSM is again inflicting a similar psychologically and manipulative role for their \*\*\* money masters as was then.

## THE TRUE ROLE OF THE PRESS **By Ivor Benson**

Here shall the Press the people's right maintain, Unawed by influence and unbribed by gain, Here Patriot truth her glorious precepts draw, Pledged to religion, Liberty and Law. - Motto of Salem Register.

... The key to any proper study of the Press is an insight into what the journalists themselves would call the "Press ideal". Before we can know whether any particular newspaper is doing its job properly, we must first know what it should be doing. The essential task of the Press in any community is embraced by that phrase - the "Press ideal". This is what we have in mind when we speak or write about defending the "freedom of the Press". We mean the freedom of the Press to perform its properly appointed task. We do not mean the freedom of the Press to do as it pleases. It is a simple faith in the "Press ideal", however vaguely comprehended, which gives to the young person taking his first job in a newspaper office the secure feeling that he is entering upon a vocation, that his work is going to be interesting and of service to the thousands or millions who read his newspaper, ensuring for him high status in his community. The power and prestige of the Press during the last 100 years can be traced in the same way to the notion, ever-present in the public mind, that the Press performs a duty of prime importance, that it is the properly appointed guardian of a whole set of precious public values, that although it must sustain itself commercially, it exists primarily for the purpose of rendering public service and is, therefore, different from other commercial undertakings. Always present to influence thoughts about the Press and attitudes to the Press, both inside and outside the newspaper offices, is this concept of a "Press ideal" which the public encounters most frequently in the form of slogans and phrases which have to do with the defense and preservation of the "freedom of the Press". Plainly, therefore, what is needed before there can be any accurate evaluation of any section of the Press as we know it and experience it, or any study of the role of the Press in the modern world, is a simple and clear restatement of the "Press ideal". In order to produce such a definition or explanation we must begin at the beginning. And in the beginning we did not have the Press. But we had information,

ON TARGET

we had ideas, we had discussion, we had persuasion, we had opinion and opinion-making. Information is one of the few all-important things in life. Throughout nature there exists an indissoluble bond between information and action, with the quality, effectiveness, purposefulness or utility of action always dependent on the quality and quantity of the information; and an organism will flourish or perish, or continue to drag out its existence in a state of diminished vitality, according to the quality and quantity of the information it is able to extract from its surroundings and its ability to interpret such information. The Press is a comparatively recent invention, but the functions it performs or is supposed to perform, are as old as the human race and some of them even older - those of gathering, sifting and interpreting the information which a community must have if it is to survive and unfold its inner possibilities. A newspaper which is conscientiously performing this task as the loyal servant of the community (and not the servant of sectional interests within the community)

can be said to be fulfilling the "Press ideal". The best and most trustworthy information is that which we can get and process for ourselves. Armed with this kind of information, we act with the utmost firmness and resolution. Our minds are clear. We know what we are doing. But in modern society, we can get for ourselves only a small proportion of the information we need. The next best is information supplied by those we know well and have learned to trust.

A Press we have learned to trust can be said to have succeeded reasonably well to live up to the "Press ideal".

In many parts of the world today the Press is not trusted. In too many cases, it has betrayed the "Press ideal". It is not serving the community. It is serving sectional interests in the power structures of our times. In too many cases the Press has failed. But the ideal remains because the task, the duty, the public need for sound information - these remain.

The "Press ideal" can be safe only in the hands of the journalist because it is essentially his ideal, a professional ideal, which only he can experience to the full. When power passes from the journalist to the owner, the "Press ideal" is at once in jeopardy because the owner is under constant temptation to use his Press for other purposes. The "Press ideal" was never more fully and more frequently fulfilled than in the days when newspapers were small and when the owner and editor were often the same person. The "Press ideal" was never so grossly or so frequently betrayed as today when the power of the Press means little more than the power of the owner to use it as he pleases. No aspect of the "Press ideal" is more widely misunderstood than that which has to do with the much-publicised \*\*\* principle of "impartiality"...

## THE LADY WITH THE LAMP

During the Crimean war, Florence Nightingale gained the nickname "The Lady with the Lamp" from a phrase in a report in *The Times*:

...She is a "ministering angel" without any exaggeration in these hospitals, and as her slender form glides quietly along each corridor, every poor fellow's face softens with gratitude at the sight of her. When all the medical officers have retired for the night and silence and darkness have settled down upon those miles of prostrate sick, she may be observed alone, with a little lamp in her hand, making her solitary rounds. —Cited in Cook, E. T. The Life of Florence Nightingale. (1913) Vol 1, p 237.

#### Personal contact, fresh food, clean water, fresh air, sunshine and a reliable sewer system are all vital to maintaining good health.

The number of bacteria in the body is actually of the same order as the number of human cells, and their total mass is about 0.2 kg. - *https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4991899/* 

Every time we go outside and breath in the fresh air we ingest pollens and wild yeasts. Drinking running water from a mountain stream also introduces other bacteria into our digestive system. Bread, cheese, yoghurt kafir, kombucha, sauerkraut - fermented foods introduce helpful bacteria into our bodies. I take a high-dose vit-B complex which includes many yeasts to compliment both digestion and brain function. I willingly embrace the unseen world of microbes. I do not fear it. I embrace it.

#### **DR BLAYLOCK:**

# Face Masks Pose Serious Risks to the Healthy *https://mydundasvalley.com/2020/07/31/ face-masks-pose-serious-risks-to-the-healthy/*

**extract.**..It is also instructive to know that until recently, the CDC did not recommend wearing a face mask or covering of any kind, unless a person was known to be infected, that is, until recently. Non-infected people need not wear a mask. When a person has TB we have them wear a mask, not the entire community of non-infected. The recommendations by the CDC and the WHO are not based on any studies of this virus and have never been used to contain any other virus pandemic or epidemic in history.

Now that we have established that there is no scientific evidence necessitating the wearing of a face mask for prevention, are there dangers to wearing a face mask, especially for long periods? Several studies have indeed found significant problems with wearing such a mask. This can vary from headaches, to increased airway resistance, carbon dioxide accumulation, to hypoxia, all the way to serious life-threatening complications. There is a difference between the N95 respirator mask and the surgical mask (cloth or paper mask) in terms of side effects. The N95 mask, which filters out 95% of particles with a median diameter >0.3  $\mu$ m2, because it impairs respiratory exchange (breathing) to a greater degree than a soft mask, and is more often associated with headaches. In one such study, researchers surveyed 212 healthcare workers (47 males and 165 females) asking about presence of headaches with N95 mask use, duration of the headaches, type of headaches and if the person had pre-existing headaches.

They found that about a third of the workers developed headaches with use of the mask, most had pre-existing headaches that were worsened by the mask wearing, and 60% required pain medications for relief. As to the cause of the headaches, while straps and pressure from the mask could be causative, the bulk of the evidence points toward hypoxia and/or hypercapnia as the cause. That is, a reduction in blood oxygenation (hypoxia) or an elevation in blood C02 (hypercapnia). It is known that the N95 mask, if worn for hours, can reduce blood oxygenation as much as 20%, which can lead to a loss of consciousness, as happened to the hapless fellow driving around alone in his car wearing an N95 mask, causing him to pass out, and to crash his car and sustain injuries. I am sure that we have several cases of elderly individuals or any person with poor lung function passing out, hitting their head. This, of course, can lead to death. A more recent study involving 159 healthcare workers aged 21 to 35 years of age found that 81% developed headaches from wearing a face mask. Some had pre-existing headaches that were precipitated by the masks. All felt like the headaches affected their work performance...end extract

### **Our Ancient Freedoms**

MP George Christensen has recently triggered a reaction from his LNP colleagues most of whom condemned him for calling for our ancient freedoms to be protected. Yesterday, some of his National Party colleagues attacked him in the press, calling him a "fearmonger" and saying that he is "on his own" for calling for freedom from the pandemic restrictions. Others like Senator Matthew Canavan have thankfully defended him, as did Senators Sam McMahon and Alex Antic along with One Nation's Pauline Hanson and Malcolm Roberts as well as Tasmanian independent Jacqui Lambie.

Former PM Tony Abbott has also called for a Royal Commission for all levels of government into the handling of covid. I could not agree more, however Royal Commissions are notoriously sanitised affairs being severely limited by their 'terms of reference'.

Ordinary people are unable to extricate themselves from this manipulative psychological narrative without some personal intervention by others. Our way out of this mess is for you and I to become a reliable source of alternative points of view - The "NewStream Media" achieving the 'Press ideal'. \*\*\*

## The Church is on the Brink of Revolt

https://unherd.com/2021/08/the-church-is-on-the-brink-of-revolt/

A quiet but unmistakable rebellion is taking place within the Church of England, a groundswell of anger bubbling up from that most British of institutions: the Parish Church. And support for it shows no sign of waning. "The current trajectory of our church is a huge mistake and the leadership is out of touch with ordinary churchgoers," George Carey, the former Archbishop of Canterbury, wrote yesterday. "It is time to rally the troops". He was writing in support of the newly formed Save the Parish movement — a group I have been plotting with from its creation. And yes, that is a staggering thing for a former Archbishop to say about the current leadership. However, it is not former Archbishops that are at the core of this new movement, but ordinary parishioners and parish priests who believe that the church itself has turned against them. They have witnessed how the centre of gravity in church affairs as well as the funding — has shifted from the local parish towards an increasingly bureaucratic and centralised church structure.

It is ordinary churchgoers and faithful church wardens who have looked after their churches for years, as well as clergy padding about in their parish, visiting the sick, burying the dead and administering the sacraments, who are most angry about this betrayal. It feels like we are in the middle of an aggressive corporate takeover...

...Save the Parish believes that in times when finances are hard, it is the front-line parishes that should be supported as a priority rather than directing funds away towards another new top-down initiative.

It used to be the case that the parish owned its own vicarages and paid its own clergy. It was almost the very definition of an anti-fragile, localised organisational structure. But those who <u>proclaim subsidiarity as a</u> <u>principle</u> — and it was originally a theological idea are often the first to betray it. In 1976, the central Church decided that the parish was an inefficient way of running things and brought the ownership of parish assets under the control of the Diocese, introducing a whole new layer of management to look after the parish's assets...

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